

Name: _____

JANUARY 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7 SLU Women's Hockey vs. Yale University 3:00pm – 5:00pm
8	9 Maria off? Jim off	10	11	12 Exercise Group 3:00pm – 5:00pm Massena Community Center	13 Bowling 10:00am – 12:30pm Ogdensburg Bowl \$6 Jim off	14
15	16 Jim off	17 Open Skate at Canton Pavilion/Winter Walk at Partridge Knoll. 10:00am – 12:30pm \$3 for skate rentals	18	19	20 Craft Day- Origami 10:00 am – 12:30pm Ogdensburg CHC	21
22	23 Maria SCIP	24 Maria SCIP	25	26	27 SWIMMING!! 2-4 PM The ARC J-STC Canton \$5	28 Tubing (\$16) and Ski/snowboard lessons (\$50) at Dry Hill Ski Area, Watertown. 10:00am – 2:30pm
29	30 Jim off	31				

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FEBRUARY 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3 Ice climbing demonstration 10:00am – 2:30pm Mt Azure	4 Maxcy Hall Field House Day. 10 am to 2:30. Tentative date.
5	6 Jim off	7	8 Exercise Group 3:00pm – 5:00pm UU Church Canton \$1 donation suggested	9	10 Craft Day Making and decorating cookies. 10:00am – 12:30pm	11 Saranac Ice Festival and Winterfest Parade 10:00am – 2:30pm
12	13 Jim off	14	15 Snowshoeing w/ Maria 2:00pm – 4:00pm	16	17 SWIMMING 2-4 PM The ARC J-SLC Canton\ \$5	18
19	20 Camp Overlook Spending the night! Activities include zip-line, Snow shoeing, campfire in the snow, cooking dinner and more. \$30.	21 Camp Overlook: Waking up, getting breakfast, pack up and go snow shoeing one more time and hit the road by noon.	22 Jim off	23	24 10am -2:30 pm Snow Shoeing Winter Cookout at Higley Flow State Park.	25
26	27	28				

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MARCH 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Exercise Group 3:00pm – 5:00pm Dobisky Center Ogdensburg	2 Dinner and Symphony Orchestra @ Crane 4:30pm – 9:00pm \$ for dinner	3	4 WWE Wrestling!! Road to WrestleMania!! 7:30pm in Syracuse. \$35.15
5	6 Craft Day- Paper Mache 10:00am - 12:30pm Jim off	7	8	9	10 Bowling 12:00pm - 2:30pm Ogdensburg Bowl \$6	11
12	13	14 Roo's House 10:00am – 2:30pm \$5	15 Exercise Group 2-4 pm Emanuel Baptist Church May Rd, Potsdam	16	17	18
19	20 Akwesasne Day. 10-2:30 pm	21	22	23	24 Swimming 2-4 pm The ARC J-SLC Canton \$5	25
26	27 Around the World: Italy 2:00pm - 4:00pm	28	29 Exercise Group 3:00pm – 5:00pm Massena Community Center	30	31 Rock Wall at SUNY Potsdam 7-9 pm	

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APRIL 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4 Science Class – SUNY Potsdam Planetarium 2:00pm – 4:00pm Tentative	5	6	7 Bowling 12:00pm – 2:30pm	8 Emergency Action Plan Review, Maxcy Hall, SUNY Potsdam, 10am -2:30pm
9	10 Craft Day- Massena's Art Honey Studios 10:00am –12:30pm	11	12 Exercise Group 3:00pm – 5:00pm Dobisky Center	13	14 Swimming 2-4 pm The ARC J-SLC Canton	15
16	17 Jim off	18 Jim off	19 Jim off	20	21 Rock Wall at SUNY Potsdam 7:00pm – 9:00pm	22
23	24 Around the World: India 2:00pm – 4:00pm ADL room Canton CHC	25	26 Exercise Group 3:00pm – 5:00pm UU Church in Canton \$1 donation suggested	27	28 Escape Room in Watertown TBA 10:00am – 2:30pm	29
30						

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MAY 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 Horseback Riding 11:00am – 12:00pm \$40	4	5 1:30 pm to 6 pm Hiking out to Yellow Lake in Wegatchie followed by dinner at the Gouvernuer Elks lodge. \$ for dinner	6
7	8 Map/Compass Class w/ Maria 2:00pm – 4:00pm	9	10 Exercise Group 3:00pm – 5:00pm	11	12 Hike Mt. Arab 10:00am – 2:30pm	13
14	15 Around the World: Germany 2:00pm – 4:00pm	16	17 Horseback Riding 11:00am – 12:00pm \$40	18	19 Swimming at the ARC J- SLC Canton 2-4 pm \$5	20
21	22 Maria off	23 Maria off	24 Exercise Group 3:00pm – 5:00pm Maria off	25 Maria off	26 Bowling 12:00pm – 2:30pm \$6 Maria off	27
28	29 Get the boats out: 10:00am - 2:30pm	30	31 Horseback Riding 11:00am – 12:00pm \$40			

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JUNE 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5 Science Class 2:00pm – 4:00pm	6	7 Paddle 2:00 – 4:00pm	8	9 Adventure Class Whitewater on the Black River. All Day.	10
11	12 Rock Wall at SUNY Potsdam 7:00pm – 9:00pm	13	14 Horseback Riding 11:00am – 12:00pm	15	16 Golfing 10:00am – 2:30pm	17 Canoe/kayak O&T 9:00am – 3:00pm
18	19 Craft Day 10:00am – 12:30pm	20	21 Paddle 2:00pm -4:00pm	22	23 Hike Ampersand Mtn. 10:00am – 2:30pm	24
25	26 Rock Climbing at South Colton 10:00am – 12:30pm	27	28 Horseback Riding 11:00am – 12:00pm	29	30 Swimming 12:00pm – 2:30pm	

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JULY 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5 Whitewater Rafting – Black (all day)	6	7 Long Paddle 10:00am – 2:30pm	8
9	10 1000 Islands Camping Trip	11 1000 Islands Camping Trip	12 1000 Islands Camping Trip	13	14	15
16	17 Rock Wall at SUNY Potsdam 7:00pm – 9:00pm	18	19 Bowling 12:00pm – 2:30pm	20	21 Beach Day 10:00am – 2:30pm	22
23	24 Wilderness Adventure?	25 Wilderness Adventure?	26 Wilderness Adventure?	27	28	29
30	31					

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AUGUST 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Miniature Golf at TimeQuest (Massena) 1:00pm – 3:00pm	3	4 Canoe Picnic 10:00am – 2:30pm	5
6	7 Tennis at SUNY Canton 10:00am – 12:30pm	8	9 Paddle 2:00pm – 4:00pm	10	11 Golfing 10:00am – 2:30pm	12
13	14 Rock Wall at SUNY Potsdam 7:00pm – 9:00pm	15	16 Whitewater Rafting - Black (all day)	17	18	19
20	21 Paddling at Lehman 2:00pm – 4:00pm	22	23 Paddle 2:00pm – 4:00pm	24	25 The Wild Center 10:00am – 2:30pm	26
27	28	29	30	31		